

PART NUMBER PFR57-106

# DESCRIPTION

### **REAR TRAILING ARM FRONT BUSH**

#### **INSTALLATION GUIDE**

# Contents (parts per pack):

2 x Polyurethane A Bushes 2 x Polyurethane B Bushes 2 x Plated Steel Washer

- 4 x Phosphor Bronze Bearing
  - 2 x Stainless Steel Sleeve
- 1 x PTFE/Silicone Grease

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that: -all work to be carried out by a licensed technician;

-all safety precautions adhered to;

-wheel alignment to be checked and adjusted as required after any

suspension work. -All fasteners must be tensioned to manufacturer's torque settings.

# **Fitting Instructions:**

- 1. Burn out original rubber parts and remove all the parts that are left except the two outer metal rings, one each side of the hole.
- 2. Save the centre metal sleeve to use for assembly.
- 3. Assemble the bush, place one of the phosphorus bronze bearings into each of the polyurethane parts, push them in from the centre part leaving them flush with the polyurethane.
- 4. Fit the bushes into the arm making sure part A fits towards the chassis, clean the saved inner metal sleeve, apply some grease to the sleeve bearings and fit this sleeve into part A of the bush.
- 5. Fit the part B of the bush into the arm after applying some grease to the bearing, put the washer onto the new special stainless steel sleeve and fit into part B of the bush.
- 6. Refit the arm onto the car taking note to line the key way up on the chassis, apply some thread lock on to the bolt and tighten to manufactures specification.
- 7. Carry out geometry check





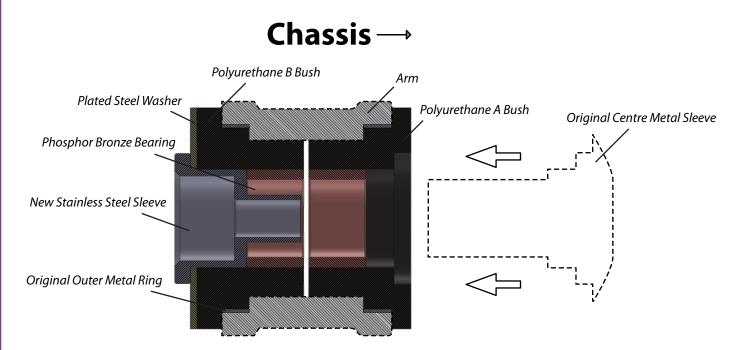
# sales@powerflex.co.uk

# **POWERFLEX**

### www.powerflex.co.uk

#### **INSTALLATION GUIDE**





sales@powerflex.co.uk

**POWERFLEX** 

www.powerflex.co.uk